

CERTIFICATE **OF PARTICIPATION**

This is to certify that

Monnette Fourie

Has successfully participated & completed the

Solo Steer Cowhouse Cross Duathlon 2019 #3

held at Cowhouse Market.

TIME 01:41:57

PACE 12.95km/h **OVERALL** 40 of 52

GENDER 13 of 20 **50 TO 54** 2 of 4

Sout Lime Signature

02 June 2019, Sun Date